

Sunflower 'Italian White'

Helianthus 'Italian White'

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This description is for genus

Sunflower (Helianthus):

Helianthus is a group of around 52 species that include the ever-popular sunflower. There are both perennial and annual specimens in Helianthus, and some are famed for their height. Species normally flower in the summer months, producing large and brightly coloured disk shaped blooms. Helianthus should be planted in full sun and given fertile, well-drained soil in which to thrive. Large varieties often need staking to stop the stems breaking, as they become top heavy. Annual varieties should be sown during late spring, with seeds being collected as blooms die in the autumn.



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Plant	Environment	Usage
Known dangers? no	Acidity Neutral Alkaline	Standard category Flowers & bulbs Wild flowers
Height [m] 1.5	Hardiness zone Z1-11	Grown for Attractive Flowers
Spread [m] 1	Heat zone H12-1	Creative category Fast growing For Beginners Colours For birds & bees
Dominant flower colour Yellow	Winter temperatures [°C] -46 - 4	Garden type Woodland Cottage garden Meadows Prairies

Plant	Environment	Usage
Flower Fragrance No, neutral please	Heat days 0 - 210	Garden spaces Flower beds Cut flowers Borders
Flowering seasons Early summer Mid summer Late summer	Moisture well-drained well-drained but frequently watered	Gardening expertise beginner
Foliage in summer Green	Soil type sandy Clay chalky loams	Time to reach full size Less than one year
Propagation methods seed basal cuttings	Sun requirements Full sun	
Growth habit Branching Erect	Exposure Exposed Sheltered	