



Gardening
made simple.

Ornamental cabbage 'Calabrais'

Brassica oleracea 'Calabrais' Also known as: **Ornamental kale** 'Calabrais'

Rating: 0.0 (0 votes)

This description is for **Ornamental cabbage** 'Calabrais' (*Brassica oleracea* 'Calabrais'):

Brassica oleracea 'Calabrais' you'll know as Broccoli or Calabrese Broccoli. A tasty and healthy vegetable. A member of the cabbage family, it has a dense solid flower head that looks like a little tree. It is this flower head that you eat. Broccoli was first cultivated around 6BC. It was introduced into England in the 18th century but didn't become popular in America until the 1920s. Broccoli is high in fibre and high in vitamin C. It grows best in colder weather and will suffer if the summer weather gets too hot. If you're planning on eating your broccoli plant you should pick it before the flowers bud bloom. If allowed to bloom you will get small yellow flowers.



Find Ornamental cabbage 'Calabrais' in our Shop!

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Plant	Environment	Usage
Known dangers? no	Acidity Neutral Alkaline	Standard category Vegetables & herbs Vegetables
Height [m] 0.3 - 0.5	Hardiness zone Z6-11	Grown for Culinary use
Spread [m] 0	Heat zone H6-1	Creative category Kid Approved For Beginners Outdoor food
Dominant flower colour Green	Winter temperatures [°C] -23 - 4	Garden type Kitchen garden

Plant	Environment	Usage
Flower Fragrance No, neutral please	Heat days 0 - 60	Gardening expertise beginner
Foliage in spring Green	Soil type sandy loams	Time to reach full size 1 to 2 years
Foliage in summer Green	Sun requirements Full sun	
Propagation methods seed	Exposure Sheltered	