

# Maidenhair Fern

*Adiantum pedatum* Also known as: **American maidenhair**

Rating: 5.0 ( 2 votes)



This description is for **Maidenhair Fern (Adiantum pedatum)**:

**American maidenhair: perfect for that shady corner of the garden you're always cursing as nothing ever grows there.**

*Adiantum pedatum* or American Maidenhair is a native American fern found growing in damp woodland. It has long fronds that are green and deep pink in the spring, turning green in the summer and autumn. It has narrow black stems which contrast nicely with the leaves. It will grow to around half a metre in height and will prefer full or partial shade. It will grow in any type of soil as long as it is moist. Perfect for a dark, damp area of the garden. It will grow bushy and doesn't need any pruning. You shouldn't have any trouble with pests or disease.



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Plant	Environment	Usage
<b>Known dangers?</b> no	<b>Acidity</b> Acidic Neutral Alkaline	<b>Standard category</b> Grasses, ferns & bamboo Ferns
<b>Height [m]</b> 0.3 - 0.4	<b>Hardiness zone</b> Z3-8	<b>Grown for</b> Ornamental Foliage

Plant	Environment	Usage
<b>Spread [m]</b> 0.3 - 0.4	<b>Heat zone</b> H8-1	<b>Creative category</b> Kid Approved For Beginners We love the dark
<b>Dominant flower colour</b> Inconspicuous or absent	<b>Winter temperatures [°C]</b> -40 - -7	<b>Garden type</b> Cottage garden Containers
<b>Flower Fragrance</b> No, neutral please	<b>Heat days</b> 0 - 120	<b>Garden spaces</b> Flower beds Cut flowers Underplanting Shade Borders
<b>Foliage in spring</b> Green	<b>Moisture</b> well-drained but frequently watered	<b>Gardening expertise</b> beginner
<b>Foliage in summer</b> Green	<b>Soil type</b> sandy Clay chalky loams	<b>Time to reach full size</b> 2 to 5 years
<b>Foliage in Autumn</b> Green	<b>Sun requirements</b> Partial shade Full shade	
<b>Propagation methods</b> division Spores	<b>Exposure</b> Exposed Sheltered	
<b>Growth habit</b> Arching Clump-forming		