

broccoli

Brassica oleracea var. *Italica* Also known as: **Sprouting Broccoli 'Purple Sprouting'**

Rating: 0.0 (0 votes)



This description is for **broccoli** (*Brassica oleracea* var. *Italica*):

It's broccoli, Jim - but not as we know it...

Brassica oleracea var. *Italica* or Purple Sprouting Broccoli is an edible variety with compact purple colour flower heads that appear in the spring. Purple sprouting broccoli has come into favour over recent years and can be found on many restaurant menus. This variety thrives in alkaline loamy or sandy soil. It's a tasty and unusual alternative to the usual green broccoli. It does take up space in the vegetable garden, that's why you'll pay more for it at the greengrocers than the larger green broccoli. Snip off the buds for your cooking and you should find new shoots will appear.



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Plant	Environment	Usage
Known dangers? no	Acidity Neutral Alkaline	Standard category Vegetables & herbs Vegetables
Height [m] 0.3 - 0.5	Hardiness zone Z6-11	Grown for Culinary use

Plant	Environment	Usage
Spread [m] 0.45	Heat zone H6-1	Creative category Kid Approved Outdoor food
Dominant flower colour Inconspicuous or absent	Winter temperatures [°C] -23 - 4	Garden type Kitchen garden
Flower Fragrance No, neutral please	Heat days 0 - 60	Gardening expertise intermediate
Foliage in summer Green	Moisture well-drained	Time to reach full size 1 to 2 years
Foliage in Autumn Green	Soil type sandy loams	
Propagation methods seed	Sun requirements Full sun	
	Exposure Sheltered	