

Borage

Borago officinalis Also known as: **Talewort, Cool tankard**

Rating: 0.0 (0 votes)



This description is for **Borage** (*Borago officinalis*):

Borage leaves can be used as a herb and the beautiful, delicate flowers can be used to decorate desserts - is there no end to its uses?!

Borago officinalis is commonly called Borage. A culinary and medicinal herb, is also looks attractive in the garden. It has star shaped flowers that are usually blue, but sometimes pink. The leaves are edible and have a taste similar to cucumber, and so make a nice addition to a salad. Traditionally borage has been used to treat gastrointestinal and urinary conditions. The flowers are also edible and have a sweet taste like honey. They are sometimes used as decorative item for presenting a plate of food, or on a cake. Borage grows well in sun or partial shade and prefers well-drained soil. It doesn't like to be moved, so think carefully about where you are planting it, and leave it there.



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Plant	Environment	Usage
Known dangers? no	Acidity Acidic Neutral Alkaline	Standard category Flowers & bulbs Wild flowers
Height [m] 0.6	Hardiness zone Z1-11	Grown for Attractive Flowers
Spread [m] 0.45	Heat zone H12-10	Creative category Kid Approved Fast growing For Beginners Colours For birds & bees
Dominant flower colour Blue	Winter temperatures [°C] -46 - 4	Garden type Cottage garden Rock garden Gravel garden Wildlife gardens
Flower Fragrance No, neutral please	Heat days 150 - 210	Garden spaces Flower beds Borders
Flowering seasons Early summer Mid summer Late summer	Moisture well-drained	Gardening expertise beginner
Foliage in summer Grey-green	Soil type sandy Clay chalky loams	Time to reach full size 1 to 2 years
Propagation methods seed	Sun requirements Full sun Partial shade	
Growth habit Branching Clump-forming Erect	Exposure Exposed Sheltered	