



Gardening
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Annual Sunflower 'Sunshine Giant'

Helianthus annuus 'Sunshine Giant'

Rating: 0.0 (0 votes)

This description is for species **Annual Sunflower** (*Helianthus annuus*):

Helianthus annuus is commonly known as the Annual Sunflower. This much loved flower is well known for growing to a great height. Being easy to grow and quick to grow they are popular with children who love to compete to see who can grow the tallest sunflower. The large flower head has golden petals with a brown or golden centre that is actually made up of many tiny flowers. The overall effect resembles the sun, hence the name. Sunflower seeds and sunflower oil are commonly used in cooking. The tallest ever *Helianthus annuus* was grown in Germany in 2009 and reached a massive 26ft 4 in tall.



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Plant	Environment	Usage
Known dangers? no	Acidity Neutral Alkaline	Standard category Flowers & bulbs Wild flowers
Height [m] 2 - 3	Hardiness zone Z1-11	Grown for Attractive Flowers
Spread [m] 0.5	Heat zone H12-1	Creative category Fast growing For Beginners Colours For birds & bees

Plant	Environment	Usage
Dominant flower colour Orange	Winter temperatures [°C] -46 - 4	Garden type Woodland Cottage garden Meadows Prairies
Flower Fragrance No, neutral please	Heat days 0 - 210	Garden spaces Flower beds Cut flowers Borders
Flowering seasons Early summer Mid summer Late summer	Moisture well-drained well-drained but frequently watered	Gardening expertise beginner
Foliage in summer Green	Soil type sandy Clay chalky loams	Time to reach full size Less than one year
Propagation methods seed	Sun requirements Full sun	
Growth habit Branching Erect Tall	Exposure Exposed Sheltered	