

Aleutian Maidenhair

Adiantum aleuticum Also known as: **Five-fingered fern**

Rating: 5.0 (2 votes)



This description is for *Aleutian Maidenhair (Adiantum aleuticum)*:

Five-fingered fern: like spooky green hands clawing their way out of the ground to get you. Sleep well.

Adiantum aleuticum is also known as Aleutian Maidenhair or Five-fingered fern as the fronds fan out like the fingers of a hand. This native American fern has light to mid green leaves on dark, almost black stems. It likes moist fertile soil and will grow well beside a stream or pond in a shaded or partially shaded spot. It grows low, only around 10cm in height. The fronds can be made into a tea to help with respiratory ailments. It has been given an RHS Award of Garden Merit. It doesn't require any pruning, nor does it generally suffer from any diseases making it a very low maintenance plant.



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Plant	Environment	Usage
Known dangers? no	Acidity Acidic Neutral Alkaline	Standard category Grasses, ferns & bamboo Ferns
Height [m] 0.75	Hardiness zone Z3-8	Grown for Ornamental Foliage

Plant	Environment	Usage
Spread [m] 0.75	Heat zone H8-1	Creative category Kid Approved For Beginners We love the dark Tough survivors Author's choice
Dominant flower colour Inconspicuous or absent	Winter temperatures [°C] -40 - -7	Garden type Cottage garden Containers
Flower Fragrance No, neutral please	Heat days 0 - 120	Garden spaces Flower beds Underplanting Shade Borders
Foliage in spring Green	Moisture well-drained but frequently watered	Gardening expertise beginner
Foliage in summer Green	Soil type sandy Clay chalky loams	Time to reach full size 2 to 5 years
Foliage in Autumn Green	Sun requirements Partial shade Full shade	
Awards? Yes, let it smell	Exposure Exposed Sheltered	
Propagation methods division Spores		
Growth habit Arching Clump-forming Spreading		